

# JANUARY



2024

M	T	W	TH	F
01	02	03 <b>Homemade Chewy Granola Bar</b> Pepperoni or Cheese Pizza Caesar Salad	04 <b>Fresh Fruit Smoothie</b> Chicken & Cheese Quesadilla Black Bean & Corn Salad	05 <b>Breakfast Burrito</b> Cheeseburgers on Whole Grain Roll French Fries
08 <b>Homemade Seasonal Muffin</b> <b>*Banana Chocolate Chio</b> Chicken Alfredo Flatbread Pizza Tossed Salad	09 <b>Overnight Oats</b> Beef Taco Corn	10 <b>Fresh Fruit Smoothie</b> Baked Potato Bar: Chili, bacon, broccoli, cheese sauce Broccoli	11 <b>Chicken Biscuit Sandwich</b> Breaded Chicken Drumstick Roasted Sweet Potatoes	12 <b>Baked Blueberry Oatmeal Bar</b> Hot Ham & Cheese on a Pretzel Roll Cucumber Slices
15  No School  Martin Luther King Jr. Day	16 <b>Biscuit Breakfast Sandwich</b> NYS Beef Hotdog Baked Beans	17 <b>Baked Blueberry Oatmeal Bar</b> Lions Popcorn Chicken Bowl Corn	18 <b>Breakfast Burrito</b> Homemade Macaroni and Cheese topped w/ Pulled Pork Roasted Broccoli	19 <b>Homemade Seasonal Muffin</b> <b>*Banana Chocolate Chio</b> Korean Turkey Sliders Honey Ginger Green Beans
22 <b>Homemade Chewy Granola Bar</b> Whole Grain Cheese Stuffed Breadsticks w/ Marinara Sauce Caesar Salad	23 <b>Fresh Fruit Smoothie</b> Chicken Fajitas Black Beans & Rice	24 <b>Breakfast Burrito</b> Homemade Chili, Fritos & Cheese Corn	25 <b>Tator Tot Casserole</b> Mandarin Orange Chicken with Rice Broccoli	26 <b>English Muffin Breakfast Sandwich</b> Cheeseburger on WG Roll French Fries
29 <b>Homemade Seasonal Muffin</b> <b>*Banana Chocolate Chio</b> Cheese Calzones Tossed Salad	30 <b>Overnight Oats</b> Nacho Supreme: tortilla chips, taco meat, lettuce, salsa, sour cream & cheese Street Corn Casserole	31 <b>Fresh Fruit Smoothie</b> Mini Cheese Ravioli with a Garlic Knot Green Beans	01 <b>Chicken Biscuit Sandwich</b> Chicken Parmesan w/ Spaghetti Roasted Broccoli	02 <b>Baked Blueberry Oatmeal Bar</b> Cheesy Beef Pinwheels Caesar Salad

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## What is included in school lunch?

School lunch includes one entrée, two sides (including vegetables and fruits), and milk. Students may take all four components of the meal but must take at least three. One of the three must be a vegetable or fruit. The menu is subject to change. This institution is an equal opportunity provider and employer.

## What does school lunch cost?

All schools in the Dryden Central School District will be eligible to receive a free healthy breakfast & lunch at no cost.

## What other options are available?

In addition to the featured entree at breakfast, we also offer local bagels from Bagelovers with cream cheese and vanilla yogurt. There are salad bars in the Middle & High School with fresh fruit, vegetables, and grains available daily. The salad bar is also available as a daily entrée option.

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## At our secondary schools, the following additional options are available:

Monday: Boars Head Ham Sandwich  
Tuesday: Fresh Fruit Parfait with Homemade Granola  
Wednesday: Chicken Bacon Ranch Wrap  
Thursday: Boars Head Turkey Sandwich  
Friday: Peanut Butter & Jelly

## Contact Us

We can be reached by phone at 607-844-8694 x4205 or email [mmunson1@dryden.k12.ny.us](mailto:mmunson1@dryden.k12.ny.us)

## Join Our Team

There's never been a better time to join our team. For a list of our current positions available, click [here](#)